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Health Law Blog

ARIZONA – FREQUENTLY ASKED QUESTIONS FROM HEALTH CARE PROVIDERS RE: COVID-19 AND LEGAL OBLIGATIONS

Posted by Health Law Team | Mar 17, 2020

Health care providers will continue to receive instructions, guidance and recommendations on how to handle the COVID-19 pandemic from the Centers for Disease Control and Prevention (“CDC”), the U.S. Department of Health and Human Services (“HHS”), state and local health departments and other governmental agencies.^[1] As our country navigates this new environment, our Dickinson Wright health care law attorneys are actively assisting health care providers with understanding their legal obligations on matters relating to the COVID-19 pandemic. This document sets forth frequently asked questions from health care providers regarding these legal obligations and our recommendations. We will update this article as laws, orders and other rules continue to change in response to the COVID-19 pandemic. This article contains both Federal and Arizona state law updates.

1. What steps must my facility or practice take to reduce exposure to patients within the facility?

Providers have a legal obligation to comply with the standard of care and use all reasonable care in reducing/minimizing their patients’ exposure to communicable diseases within their own health care office.^[2] In furtherance of this standard, providers must closely review all risk assessment guidance published by state and federal public health authorities on public health management of persons with potential COVID-19 exposures. Providers should follow the guidelines to the extent reasonably possible under the circumstances and comply with at least industry-standard precautions to minimize the risk of inadvertent transmission of COVID-19 within a provider’s off, including for example:

- Place appropriate signage on the front doors of the office, at the front desk and at key locations throughout (such as elevators) to provide patients with instructions as to appropriate hand hygiene and social distancing etiquette.
- Institute and train personnel on patient triage and screening protocols for every patient that enters the office.
- Ensure that a patient’s travel history is received at check-in
- Install physical barriers between triage areas and potentially infectious patients. Identify a separate, well-ventilated space that allows waiting patients to be separated by six or more feet, with easy access to hygiene supplies. Providers should allow medically stable patients to wait in a personal vehicle or outside the health care provider’s office where they can be contacted by mobile phone when it is their turn to be evaluated. Some practices may be able to establish areas within or outside of the office as screening areas, to evaluate potentially infectious patients separate from other patients and/or visitors.
- Health care providers should also determine whether it is possible to create an airborne isolation infection room for patients suspected to have been infected with COVID-19. At a minimum, providers should place such patients in a private room with a facemask on and close the door. The private room’s air should not be recirculated without appropriate HEPA filtration.
- Develop a phone triage protocol when a patient calls with suspected symptoms.
- Promptly and properly disinfect all waiting and patient treatment rooms. Ensure that cleaning staff is following consistent and correct cleaning and disinfection procedures (such as using an EPA-registered, hospital-grade disinfectant with an emerging viral pathogen claim).
- Reschedule non-urgent visits when necessary and possible, including for patients in vulnerable populations (e.g., people 65 or older, those with compromised immune systems, pregnant women, etc.). Practices should also consider eliminating penalties for cancellation or missed appointments by patients, to encourage patients not in urgent need of care to stay home.

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Categories

2. What steps is my practice legally required to take to reduce COVID-19 exposure to our workforce members?[3]

Under the Occupational Safety and Health Administration (“OSHA”), employers have a duty to provide a workplace “free from recognized hazards that are causing or are likely to cause death or serious physical harm.” [OSHA has also set up a site](#) to help employers prepare for a potential coronavirus outbreak. Developing a plan now to address a potential coronavirus outbreak in the U.S. may help to keep employees healthy, alleviate public concern, and reduce corporate liability. Employees of health care providers are in a particularly precarious position with respect to the COVID-19 pandemic.

The CDC has developed interim guidance specifically for businesses and employers to reduce transmission and prepare for potential consequences related to the spread of the coronavirus.[4] Recommended corporate actions include the following:

- Actively encourage sick employees or employees with sick family members to stay home. Encourage telecommuting for all positions possible;
- Test employees involved in patient care if symptoms warrant as provided herein;
- Send home employees who are sick or who become sick during the workday;
- Educate employees on COVID-19 risk assessments and encourage sick employees to seek medical care;
- Ensure sick leave policies are flexible and consistent with federal, state, and local laws and guidance. Do not discipline employees who are absent due to illness or care for sick family members (note that legislation is proposed and/or pending across the U.S. to provide for additional paid sick leave for employees). Understand that you may have to make policy exceptions for unique situations;
- Provide awareness of modified, suspended, or active sick leave policies to employees immediately and often;
- Educate employees on respiratory etiquette (cough and sneeze cover) and hand hygiene ([printable resources are available on the CDC website](#));
- Perform additional and special routine environmental cleaning and provide disposable wipes for employee cleaning use during the day. Encourage cleaning stations at the beginning and end of each day and between all shift changes;
- Comply with travel bans. Cancel all non-essential business travel, including domestically. Discourage all employee personal travel. <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>.
- Cancel all non-essential large work-related meetings or events. Gatherings over 250 people are prohibited; more narrow restrictions are expected;
- Identify essential business functions, jobs or roles, and elements within your supply chains required to maintain business operations. Plan for how your business will operate if there is increasing absenteeism or supply chains are interrupted; and
- Create (or refresh) an infectious disease outbreak response plan in writing now, recognizing that the plan’s scope and procedures may vary depending on unique business operations and needs.
- Prepare to equip your workforce to handle increasingly high volumes of patient needs and plan for increased coverage accordingly.

Health care providers in particular should take action to determine whether they have sufficient personal protective equipment on hand for their staff and ensure that staff is properly trained on the use of the equipment (including how to don and doff the equipment). Such equipment includes respirators, fit-tested N95 mask or PAPR or better, gloves, gowns, goggles, and face shields. Instruct staff on the proper manner of donning and doffing such equipment.

When performing procedures that could produce or induce coughing or collecting specimens, health care providers must proceed with caution and should instruct employees to wear an N95 or higher respirator, eye protection, gloves, and gowns. The number of providers necessary to perform the procedure should be limited to the minimum necessary and others, including family members, should not be present.

Additionally, health care employers in particular should stay up to date on expansion of unemployment benefits during this period.

3. What controls over access to our office or facility are legally required or permissible?

Health care providers who submit claims to federal health care programs are required by law to develop access policies and procedures. It is recommended that all visitors be screened for symptoms of respiratory illness (e.g., coughing, fever, etc.) prior to being permitted to enter the office. Facilities, such as hospitals, should encourage alternatives to in-person visitations (e.g., telehealth, as set forth below) whenever possible and appropriate.

With respect to nursing homes, on March 13, 2020, the Centers for Medicare and Medicaid Services (“CMS”) issued guidance to all nursing homes on restricting visitation of all visitors and non-essential health care personnel, except for certain compassionate care situations, such as end-of-life situations. It is likely that CMS will issue further guidance to other types of facilities and providers on access controls.

In Arizona, the Arizona Department of Health Services (ADHS)'s updated recommendation on March 17, 2020, states: "Do not visit nursing homes or retirement or long-term care facilities unless to provide critical assistance."^[5]

Governor Ducey's Executive Order of March 11, 2020,^[6] included the following:

- Requires insurance companies and health plans to cover out of network providers, including out of plan laboratories and telemedicine providers.
- Waives all copays, coinsurance, and deductibles for consumers related to COVID-19 diagnostic testing and decreases co-pays for telemedicine visits.
- Implements consumer protections, including prohibiting price-gouging on COVID-19 of diagnosis and treatment-related services.
- Requires symptom checks of healthcare workers and visitors at skilled nursing facilities, nursing homes, and assisted living facilities.

Please note that ADHS is conducting regular briefings, webinars, and providing guidance to community stakeholders including, school administrators, healthcare providers, government officials, and business leaders. Visit the Arizona Department of Health Services for more information for providers, including webinars, FAQs, and additional resources.^[7]

4. What steps can my practice take to better protect my patients and workforce members in a shared office building that we do not own?

If a health care provider is located in a shared office building having space in common with other tenants, it is important to discuss with the landlord the full extent of what can be done within the building to further protect its patients and workforce. It is important to note the Lease may be silent in this respect. For example, the health care provider should discuss with the property owner the following:

- Whether the property owner or landlord will agree to limit access entry points into the building and direct all visitors into a specific entrance;
- Temperature checks of all visitors entering the building (not just the health care provider's patients);
- Enhanced cleaning efforts such as frequent sanitization of common areas, bathrooms, and elevators, which are not otherwise under the health care provider's control.

In these situations, we believe the best approach would be a shared obligation between the health care provider, the property owner/landlord and other businesses located within the same building.

5. When does HIPAA allow health care providers to share information about patients suspected or confirmed to have COVID-19?^[8]

The Privacy Rule of the Health Insurance Portability and Accountability Act of 2006 (the "HIPAA Privacy Rule"), to the extent applicable to your practice^[9], sets forth strict rules surrounding when health care providers may share identifiable information relating to their patients (such as name, address, medical record number, and any other information that may reasonably lead to identification of the patient). However, there are several situations where the HIPAA Privacy Rule will permit disclosures relating to cases of COVID-19 when necessary, including:

- To public health authorities, such as the CDC or a state or local health department, that are authorized by law to collect or receive such information for the purpose of preventing or controlling disease, injury or disability. This allows health care providers to disclose to the CDC and their local health authorities information needed to report all cases of patients exposed to or suspected or confirmed to have COVID-19.
- To disaster relief organizations that, like the American Red Cross, are authorized by law or by their charters to assist in disaster relief efforts, for the purpose of coordinating the notification of family members or other persons involved in the patient's care, of the patient's location, general condition, or death.
- As necessary to prevent or lessen a serious and imminent threat to the health and safety of a person or the public – consistent with applicable law (such as state statutes, regulations, or case law) and the provider's standards of ethical conduct. Under this, providers may disclose a patient's health information to anyone who is in a position to prevent or lessen the serious and imminent threat, including family, friends, caregivers, and law enforcement without a patient's permission. The HIPAA Privacy Rule expressly defers to the professional judgment of health professionals in making determinations about the nature and severity of the threat to health and safety. It is advised that such a determination be made in coordination with legal counsel.
- To family, friends, and others involved in the patient's care who have been identified by the patient as involved in his or her care. Ideally, health care providers have secured from the patient a written list of those individuals on the patient's intake form. Health care providers may also rely on verbal list of those individuals (and in such situation, it would be best for the provider to incorporate that verbal list into the patient's medical record). Otherwise, if necessary the health care provider may make a disclosure if the health care provider can reasonably infer that the patient would not object to disclosure to family, friends or others whom the health care provider is aware has been involved in the patient's care.

- Regarding patients who are unconscious or incapacitated, health care providers may share certain minimum and relevant information with the patient's family, friends, or others involved in the patient's care or payment for care, if the health care provider determines, based on professional judgment, that doing so is in the best interests of the patient.
- Also as a reminder, disclosures to other health care providers are permitted when necessary to treat the patient or a different patient. This includes, by way of example, coordinating or managing health care and related services by one or more health care providers, consulting between providers and referring patients for treatment for COVID-19.

6. When are we legally required to report a case or suspected case of COVID-19?

In Arizona, the Arizona Department of Health Services has published the following guidance in a Clinician Fact Sheet [\[10\]](#):

- Be Prepared: Know how to contact your local public health department.^[11]
- If you suspect COVID-19 in a patient:
 - Mask patient and implement standard, contact, and droplet precautions with eye protection for healthcare workers.
 - Obtain travel and exposure history including exposure to sick contacts.
 - Contact your local public health department to report suspected cases, assess risk, and coordinate lab testing.
 - Collect upper respiratory tract specimens (nasopharyngeal AND oropharyngeal swabs) and lower respiratory tract specimens, if available.
 - Provide patient education for self-isolation and non-pharmaceutical interventions.
 - Implement environmental cleaning/disinfecting of exposed areas.

7. How can we promote the use of a telehealth program to curb the spread of COVID-19?

The use of telehealth technology for providing health care services implicates various laws, regulations, licensing, and payor billing and reimbursement rules. However, the recent passage of new laws and orders surrounding telehealth for the purpose of curbing the COVID-19 outbreak will start to make it easier to use telehealth at this time. For example:

- On March 6, 2020, Congress signed the Coronavirus Preparedness and Response Supplemental Appropriations Act which grants the Secretary of HHS power to dismiss telehealth restrictions for Medicare beneficiaries. Policymakers intended for the law to create a new pathway for seniors to receive care during COVID-19.
- On March 10, 2020, CMS issued a Memorandum to permit Medicare Advantage Organizations to waive or reduce enrollee certain cost-sharing for beneficiaries impacted by the outbreak. CMS also authorized Medicare Advantage Organizations to provide access to telehealth services in any geographic area and a variety of places, including beneficiaries' homes. CMS also advised Part D Sponsors that they may relax "refill-too-soon" edits if circumstances are reasonably expected to result in a disruption in access to medications and relax policies restricting mail or home delivery. CMS also authorized Part D sponsors to reimburse enrollees for prescriptions obtained from out-of-network pharmacies. For Medicare Advantage Organizations and Part D sponsors, plans may choose to waive prior authorizations for medications or services. <https://www.cms.gov/files/document/hpms-memo-covid-information-plans.pdf>. These actions are considered permissive on the part of Medicare Advantage Organizations and Part D sponsors, not required at this time.
- In Arizona, Governor Ducey's Executive Order of March 11, 2020, encourages the use of telemedicine where possible, and directs the Arizona Department of Health Services, in conjunction with the Department of Insurance, to "require that all insurers regulated by the State cover telemedicine visits at a lower cost-sharing point for consumers than the same in-office service to encourage utilization of telemedicine for the duration of the state's public health emergency."^[12]
- On March 13, 2020, President Donald Trump in response to the COVID-19 Pandemic declared a national emergency to open access to up to \$50 billion in funding for states, territories, and localities. President Trump requested every hospital to activate emergency preparedness plans to meet the needs of patients. Additionally, President Trump issued broad new authority to the Secretary of HHS to immediately waive provisions of applicable laws and regulations to give doctors, all hospitals and health care providers maximum flexibility to respond to the virus and care for patients. This broad new authority and funding will likely impact the use of and laws surrounding telehealth services.

Telehealth is particularly well suited for initial screening of patients and providing quicker and safer access to providers. Telehealth includes, for example, the use of real-time video interaction, "store and forward" technology, remote patient monitoring or online chat groups and internet sites, provided that HIPAA privacy and security rules still apply. When using these technologies a health care provider must ensure HIPAA compliant security levels (for example, the use of Skype is not likely to be considered HIPAA compliant) to avoid inadvertently triggering a breach under the HIPAA rules.^[13]

The CDC has issued the following guidelines on promoting the increased use of telehealth:

- Health care facilities can increase the use of telephone management and other remote methods of triaging, assessing and caring for all patients to decrease the volume of persons seeking care in facilities.
- If a formal “telehealth” system is not available, health care providers can still communicate with patients by telephone (instead of visits), reducing the number of those who seek face-to-face care.
- Health plans, health care systems and insurers/payors should message beneficiaries to promote the availability of covered telehealth, telemedicine, or nurse advice line services.

8. Are court hearings and administrative/regulatory body hearings still proceeding as normal?

Check with the Dickinson Wright Health Care Law attorney team for updates on your specific pending cases.

Arizona State Courts

On March 16, 2020, the Arizona Supreme Court issued Administrative Order No. 2020-47^[14], ordering “that all in-person proceedings in all Arizona appellate, superior, justice, and municipal courts and before the presiding disciplinary judge be avoided to the greatest extent possible consistent with core constitutional rights until further order of this court.” Further, “the presiding superior court judge of each county is authorized to adopt or suspend any local rules and orders needed to address the current public health emergency in cooperation with public health officials and to take any reasonable action that the circumstances require to enable necessary operations of the superior, justice and municipal courts in each county.” Currently, through March 31, 2020, any court rule that impedes the ability to use available technology to eliminate or limit in-person contact in the conduct of court business is suspended—meaning courts may allow telephonic or perhaps video conferencing in lieu of in-person meetings and hearings. While many hearings may have the calculating time waived until March 31, 2020, the following actions will have on time extensions for response:

- Adult in-custody initial appearances, arraignments, preliminary hearings and conditions of release proceedings;
- Domestic violence protective proceedings;
- Child protection temporary custody proceedings;
- Civil commitment hearings and reviews;
- Emergency protection of elderly or vulnerable persons proceedings;
- Habeas corpus proceedings;
- COVID-19 public health emergency proceedings;
- Juvenile detention hearings;
- Any other proceeding that is necessary to determine whether to grant emergency relief.

Also note that On March 13, 2020, the Arizona Supreme Court, via Administrative Order No. 2020-45^[15], authorized state and local public health agencies to “order measures to prevent and control communicable and infectious diseases, such as the COVID-19 virus.” The Court also recognized that the Administrative Director “may suspend the requirements of the Code of Judicial Administration if he determines that public health emergency measures significantly impair the ability to operate the program or the parties governed by that code section.” In other words – normal timing constraints may, but will not necessarily, change.

Arizona Office of Administrative Hearings (includes State Fair Hearings)

The OAH is “encouraging parties to engage in social distancing to reduce the risk of spreading the COVID-19 virus.”^[16] If you are sick or “are even concerned that you may be sick, please do not appear in person at your hearing. You may request a continuance until you are feeling better and are able to participate in a hearing.” Additionally, anyone may request to appear by telephone for their hearing. The OAH notes the following high-risk population members: our elderly community, and/or those who have an underlying medical condition such as heart disease, lung disease, or diabetes. The OAH asks that it be informed of any non-appearance in-person “sufficiently in advance of the hearings so that the other parties can be properly notified.”

Federal Court: U.S. District Court for the District of Arizona

The Arizona District Court (federal court) issued General Order 20-10^[17] effective Monday, March 16, 2020, which includes the following:

- All civil and criminal jury trials scheduled to commence on or before April 10, 2020, are continued pending further order of the Court. The Court may issue other orders concerning future continuances as necessary and appropriate. Trials that have already begun shall be completed.
- All trial-specific deadlines in criminal cases scheduled to begin before April 10, 2020, are continued pending further order of the Court. Individual judges may continue trial-specific deadlines in civil cases at their discretion.

- The time period of continuances is excluded under the Speedy Trial Act (the Court finds that the ends of justice served by ordering continuances outweigh the best interests of the public and any defendant's rights to a speedy trial). This can be contested via motion.
- Individual judges may continue to hold hearings, conferences, and bench trials in the exercise of their discretion, consistent with this order.
- All non-case related activities scheduled in the Sandra Day O'Connor U.S. Courthouse in Phoenix, Evo A. DeConcini Courthouse in Tucson, and the John M. Roll Courthouse in Yuma, are canceled until further notice. This includes naturalization ceremonies, attorney admission ceremonies, mock trials, CLE events, school tours, and all other non-case related gatherings.
- The Clerk's Office, U.S. Probation, U.S. Pretrial Services, and all other Court services shall remain open pending further order of the Court.

[You may check here for additional notifications from specific Regulatory Boards](#) (several of which are below):

Arizona Medical Board: <https://www.azmd.gov/>

Arizona Osteopathic Board: <https://www.azdo.gov/>

Arizona Regulatory Board of Physician Assistants: <https://www.azpa.gov/>

Arizona State Board of Nursing: <https://www.azbn.gov/>

Arizona State Board of Optometry: <https://optometry.az.gov/>

Arizona State Board of Dispensing Opticians: <https://do.az.gov/>

Arizona State Board of Pharmacy: <https://pharmacy.az.gov/>

Arizona State Board of Physical Therapy: <https://ptboard.az.gov/>

9. What should be done with regard to developing or revising my emergency preparedness plan?

Every health care provider must develop, review and follow an emergency preparedness plan with respect to the COVID-19 pandemic. In fact, CMS now requires all Medicare-participating providers and suppliers to implement emergency preparedness regulations.^[18] Such plans should be developed in coordination with legal counsel.

Dickinson Wright Health Care Law attorneys are able to assist with developing, reviewing and/or revising your emergency preparedness plan in the wake of the COVID-19 pandemic.

[1] On March 11, 2020, the World Health Organization ("WHO") declared COVID-19, the disease caused by the coronavirus, a pandemic. As this situation continues developing, the guidelines in this article will be updated by our health care attorneys and re-posted. These guidelines should not be used in lieu of a comprehensive emergency preparedness plan as providers should consult the most up-to-date guidance issued by the Centers for Disease Control and Prevention ("CDC"), the U.S. Department of Health and Human Services ("HHS"), and state and local health departments.

See, CDC Guidance on the Steps Health care Facilities can take: <https://www.cdc.gov/coronavirus/2019-ncov/health-care-facilities/index.html>

[2] See also CDC guidelines, at <https://www.cdc.gov/coronavirus/2019-ncov/health-care-facilities/index.html>

[3] Response to this question is in coordination with Dickinson Wright's employment and labor law attorneys. In particular, see Coronavirus (COVID-19) Precautions for Employers, at <http://healthlawblog.dickinson-wright.com/2020/03/coronavirus-covid-19-precautions-for-employers/>

[4] Employers are encouraged to study the CDC's guidance for businesses and employers available on the CDC's webpage: <https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-business-response.html>

[5] <https://www.azdhs.gov/> (ADHS's updated recommendations are near the top of the page)

[6] <https://azgovernor.gov/governor/news/2020/03/governor-doug-ducey-issues-declaration-emergency-executive-order-combat> (article from Governor Ducey's website); https://azgovernor.gov/sites/default/files/eo_2020-07.pdf (Executive Order); https://azgovernor.gov/sites/default/files/declaraton_0.pdf (Declaration of Emergency)

[7] <https://www.azdhs.gov/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/index.php#novel-coronavirus-healthcare-providers>. Halfway down the page is a special tab to choose guidance for "Healthcare Providers and Facilities" or "Long-term Care Facilities".

[8] If you are not a health care provider but become aware of a case or suspected case of COVID-19, you should contact the local health department regarding the recommended steps as to when and how it is recommended you notify others and/or identify the person at issue.

[9] The determination of whether HIPAA applies to a health care provider requires an analysis of the definition of “Covered Entity” under HIPAA. Many, but not all, providers of health care services are Covered Entities under HIPAA.

[10] <https://www.azdhs.gov/documents/preparedness/epidemiology-disease-control/infectious-diseases-services/coronavirus/clinician-fact-sheet.pdf>

[11] <https://azdhs.gov/preparedness/epidemiology-disease-control/index.php#resources-county> (Contact Information)

[12] https://azgovernor.gov/sites/default/files/eo_2020-07.pdf (Executive Order)

[13] To date, no law or order has been issued that would specifically change a health care provider’s HIPAA privacy and security obligations surrounding the use of technology to share protected health information with respect to COVID-19.

[14] <http://www.azcourts.gov/Portals/22/admorder/Orders20/2020-47.pdf?ver=2020-03-16-172137-227> (Arizona Supreme Court Administrative Order No. 2020-47)

[15] <http://www.azcourts.gov/Portals/22/admorder/Orders20/2020-45.pdf?ver=2020-03-13-122429-170> (Arizona Supreme Court Administrative Order No. 2020-45)

[16] <https://www.azoah.com/> (OAH Statement for Litigants on COVID-19 (coronavirus) Concerns)

[17] <http://www.azd.uscourts.gov/sites/default/files/general-orders/20-10.pdf> (District of Arizona General Order 20-10)

[18] See <https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertEmergPrep/Emergency-Prep-Rule>

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Frequently Asked Questions from Health Care Providers
Re: COVID-19 and Legal Obligations

